

Anti-Aging NEWS

BY DR. NESREEN SUWAN

BREAK THROUGH TECHNOLOGY

We Treat Hair Loss with LASER

Hair loss is the most prominent sign of aging. It is so dramatic for both men and women of all ages. More than 150 million individuals are affected in the US. There is no reason to suffer and lose your self-esteem, romance, and job opportunities. Hair loss is related primarily to genetics and to variety of medical conditions. Professional help is available from anti-aging expert N Suwan, MD who is capable of diagnosing the hair loss problems.

Thorough medical exam includes microscopic hair and scalp exam. Scalp biopsy and blood work may be required. Education, early intervention is crucial with variety of non-surgical hair restoration measures. In the last issue I talked about the injection of your own blood, that has many applications including facial skin rejuvenation, treatment of sexual dysfunction and vaginal dryness, urinary incontinence, and most importantly it has been used for non-surgical hair restoration.

PRP is the hottest and latest in medical science that has been helping lots of patients to grow hair, with the laser therapy for treatment of hair loss. Laser Hair Therapy (LHT) is a non-surgical, scientific approach in the cosmetic treatment of hair loss, and thinning hair.

LHT has been tested for effectiveness and safety for over 30 years around the world. It's been featured for years on ABC, NBC, CBS & Fox News, and most recently on the Doctor's TV Show. Laser light stimulates cell metabolism and helps damaged cells to repair themselves. We are partnering with global leaders in Laser hair loss treatment. In office and Skype consultation is available.



Dr. Suwan

GET RID OF CELLULITE

Velashape

Are you bothered by cellulite appearance? Did you ever wonder why celebrities have perfectly smooth bodies? I would like to share with you an amazing treatment for cellulite reduction and body contouring.

VelaShape contours, shapes, and slims the body by improving the appearance of cellulite and reducing thighs' circumference, providing dramatic results without downtime or significant discomfort. VelaShape will firm and smooth trouble spots that even diet and exercise cannot fix. Gradual improvement of the treated area may be seen with circumference reduction up to three inches following the treatments, with the skin surface feeling smoother and firmer.

Most patients find VelaShape comfortable, like a warm deep tissue massage. The treatment is designed to accommodate your sensitivity and comfort level. Treat Yourself to a Smoother and

Younger Figure with VelaShape. At VIP Anti-Aging Center we believe that everyday ordinary people deserve to look and feel just as wonderful as celebrities do if they are given the same opportunities to take care of themselves. Celebrities have easy access to the best spas and wellness and health care. And now you can too with our VIP Spa and Wellness Center where all of our patients are VIPs.

Dr Suwan is Anti-Aging specialist, at your locality, with extensive training and certification in anti-aging medicine and cosmetic procedures, laser hair restoration, PRP (Vampire) therapy for skin rejuvenation, vaginal dryness, urinary incontinence and hair restoration. Visit us at www.vipantiagingandwellness.com or call (630) 420-8080. Skype consultation is available.



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PRP for vaginal dryness
PRP for hair restoration
Laser Therapy For Hair Restoration

Velashape for cellulite reduction
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Under Direction of N. S



Beautiful, Healthy Hair

Q What are the latest style trends for hair and nails this season?

The strongest trends in hair are strong cuts that can carry their shape and style from a daytime event to a glamorous evening. The two cuts to watch are the pixie cut (think Mia Farrow, Ginnifer Goodwin, Pamela Anderson) and the collarbone-layered bob.

The pixie cut has variations of long side-swept bangs or baby bangs reminiscent of the first haircuts we gave ourselves as kindergartners with paper scissors. The cut is edgy and fun but requires a great jaw line and long neck in order to carry it off.

Magazines have long preached that it is face shape that determines the right cut, when in actuality cuts of any length should be based on the jaw line, neck, ears, eyes, length of forehead, your hairline, and hair texture. The pixie cut is suitable to all hair types, and all ages. Just remember long neck, sleek jawline.

The collarbone-layered bob is the answer to years of flat iron abuse, hair extensions, and hair that just needs some updating.

If the ends of your hair have lost their shine, or hair extensions were needed in order to give you length or fullness to your hair, lifting the length to your collarbone and adding long layers will add body and bounce, restoring your ends to a healthy, split-free state.

Last but not least are the trends for nails. Nail art is the hottest trend in nails and can range from over-the-top trendy, to knockout glamorous. Any tools available to an artist are now in the toolbox of the most skilled manicurist. Whether the finish is matte, glitter, texture, or painted design, the possibilities are limitless and are the latest must-have accessory for a completely polished 2014 look.

ask an expert Lisa Weekley is a master colorist as well as a ranking member of the American Board of Certified Hair Colorists. She has worked behind the chair for 25 years, 20 as the owner and head stylist at Lisa René Salon for Hair and Nails, 117 Aurora Ave., downtown Naperville. (630) 355-8281



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Medical NEWS



Dr. Suwan

LASER THERAPY FOR FIBROMYALGIA BOTOX for Headaches

Headache and fibromyalgia are common neurological conditions that are under-diagnosed and under-treated yet decrease quality of life and lead to lost work days and family time. Furthermore, they are a source of continuous stress, depression, self-neglect, and lack of activity—all of which can cause more visible signs of early aging. Fibromyalgia is a chronic pain condition affecting many areas in the body. Treatment of headache and pain conditions is extremely important in our VIP Anti-aging and Wellness Center to give our patients the quality of life they deserve with a happier and younger look from inside and outside.

The first step is correct diagnosis after a thorough neurological evaluation. It is the key for effective management. We manage those conditions with many modalities. For headaches, there is a growing role for Botox injections and luckily most insurance companies recognize this and have been covering Botox for headaches.

There are also great FDA-approved medications for fibromyalgia. These combined with other non-drug modalities like laser therapy, which is the latest in medical science for pain management, can target the daily aches and pains of fibromyalgia and help patients achieve the pain-free life they have always wanted.

Dr. Suwan is Loyola-trained and board certified in neurology, headache, and pain medicine. Located in Lisle, specializing in headache, pain, and fibromyalgia management. Visit us at www.doctorsuwan.com or call (630) 420-8080

Say
Goodbye
to headaches and
fibromyalgia
& be happy

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Nesreen Suwan, M.D

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