

# Medical NEWS



Dr. Suwan

## Is Mom Hurting?

*Give the Gift of Healing on Mother's Day*

by N. Suwan, MD

Pain is considered the fifth vital sign, along with blood pressure, pulse, temperature, and respiration.

So many people underestimate pain and consider it NORMAL, especially moms who are juggling a million tasks between endless house chores, kids, family, and work commitments. Moms could be subjected to lots of physical stress that is related to those tasks, and they

may end up with a variety of chronic pain conditions that are not taken care of. Those pain conditions could be primarily related to physical stress, pulled muscles, pinched nerves, arthritis, and other causes.

Pain is not normal and should never be taken lightly. Physicians are meant to evaluate and control pain. At our clinic, we believe that we should take care of pain to enhance our patients' quality of life. We find the origin of the pain and treat it. We accomplish this by taking an integrated approach to pain management and providing consultations and treatments to individuals with acute and chronic pain. Each patient's treatment is individually-tailored based on a comprehensive patient evaluation conducted by our skilled team of physicians.

We are dedicated to the highest standard of medical care and to the latest techniques in medical science. Pain is a symptom that can be related to a variety of different medical conditions ranging from simple to serious. Seeking the origin of pain goes hand in hand with treating pain in our practice.

### Why our specialty pain center?

Pain is often difficult to describe and track symptomatically. As a result, a quick general practice visit is often not enough to get to the core of what is causing pain or to determine if there are better treatment options. We realize how debilitating pain can be for you and your loved ones and we are committed to providing thorough, thoughtful, and attentive treatment in our pain management center.

Midwest Academy of Pain and Spine is dedicated to caring for patients and their families in a high-quality environment that is based on dignity and respect.

For Mother's Day, we are running specials on fast-acting, drug-free, non-surgical pain management modalities.

.....2 sessions of massage and ultrasound treatment, \$45 (70% off)

.....2 laser therapy treatments for pain, \$96 (75% off)

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*Dr. Suwan specializes in the treatment of headaches, pain, and fibromyalgia. She is board certified in neurology, pain, and headache medicine. She is highly recognized as a national speaker.*

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fibromyalgia  
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### Nesreen Suwan, M.D

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# Anti-Aging NEWS

BY DR. NESREEN SUWAN



## SHOW YOUR MOM HOW MUCH YOU LOVE HER Give the Gift of Beauty and Youth

Anti-aging is the new art of living and giving. At VIP Anti-Aging and Wellness we believe that everyday ordinary people are celebrities and VIPs. We are running Mother's Day specials to make beauty and youth available for all great mothers who juggle a million tasks between house and work and take care of their kids and families and think about everybody except for themselves.

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- .....\$100 for 2 sessions of lipo-light /laser treatments for weight loss (75% off)
- .....\$140 for 3 sessions of lipo-light /laser treatments for weight loss (78% off)
- .....\$30 for facial light rejuvenation (70% off)
- .....\$90 for chemical peel and facial light rejuvenation (60% off)
- .....\$150 for 2 RF facial skin rejuvenation (75% off)
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Dr. Suwan is an anti-aging specialist, at your locality, with extensive training and certification in anti-aging medicine, bioidentical hormones, cosmetic procedures, aesthetic laser, PRP (vampire) therapy for skin rejuvenation, and hair restoration. Dr. Suwan is a proud affiliate of For Ever Health Physician Network, and many professional societies in her field.



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- Laser Tattoo Removal
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- Weight Loss Protocols
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- Lipolight for Slimming and Fat Reduction
- RF Skin Tightening
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